



NEWSLETTER

FRIDAY 18TH SEPTEMBER 2026



National Nurturing
School Award
2026

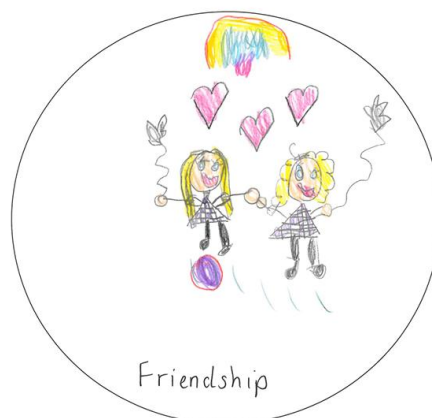


It has been another really positive week in school. The children are showing and working hard at maintaining our Golden Rules of **Be Ready, Be Safe and Be Respectful** and they are settling well into their routines, working hard and showing lots of enthusiasm for their learning. It has been lovely to see so many examples of our children supporting one another too. Thank you, as always, for your continued support at home.

Reading Challenge is Back! We are delighted to be restarting our Reading Challenge, with certificates and prizes for children as they achieve 50 reads, 100 reads, 150 reads and beyond! Please keep encouraging regular reading at home. Every read counts, and we look forward to celebrating lots of reading achievements.

Our Values Passport celebrating the value of Friendship: Our whole-school value this term is Friendship. Children will be exploring what it means to be a good friend and how they can demonstrate this through their words, choices and actions. Our Values Passport supports this learning at home. Please help your child complete the Friendship page and return their passport to school. Children who complete and return it will receive House Points to add to our new whole-school token jar (see below!) We are also excited to share our new Friendship badge design by Orla in Year 1, which you can see below!

Healthy Snacks: A reminder that snacks brought into school should be fruit, vegetables or a fruit bar. Please do not send cereal bars, flapjacks, popcorn, cake, biscuits, malt loaf or similar items. This helps us promote healthy eating and manage allergies safely. Thank you for your support.



Dates for your diary

- 25th September – Flu Vaccinations
- 25th September – FORA Sweet Treat Friday
- 1st October – School Photographs
- 1st October – FORA KS1 Film Night
- 8th October – FORA KS2 Film Night
- 12th October – Y5 Caythorpe Trip starts
- 16th October – End of Autumn Term 1
- 2nd November – Start of Autumn Term 2
- 19th November – FORA Bag2School collection
- 27th November – Non-Uniform Day details will follow
- 2nd December – FORA Christmas Fair
- 15th December – EYFS & KS1 Nativity - afternoon start time to be confirmed
- 16th December – EYFS & KS1 Nativity – 6pm
- 18th December – End of Autumn Term 2



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CE Academy

ATTENDANCE

Class – Top 3	Weekly %
Belvoir	100
Belton	99.7
Rockingham	99.6

Our overall school attendance last week was 98.3% which is above the national average. Please do get in touch if you need any support with attendance.

Well done to Belvoir Class who won the Attendance Trophy with 100% attendance for all.

Thank you for the continued communication and co-operation with the different procedures in place.

STAR OF THE WEEK

Congratulations to the children awarded Star of the Week in our Celebration Assembly. This includes the last two weeks for some classes, certificates awarded today.



Belvoir	Torvi
Belton	Noah C
Rockingham	George
Burghley	Oliver
Woolsthorpe	Henry
Tolethorpe	Indie-Rae
Hambleton	Lizzy



SPECIAL EDUCATIONAL NEEDS



Lincolnshire Parent Carer Forum

Juggling the Joys of Parenting!

2026-27 Workshop Series



Hosted by LPCF & presented by Hil Gibb



Hil is an experienced facilitator with over 30 years of experience working with families and educators. Her workshops are practical, engaging, and designed to help parent carers develop strategies for everyday challenges.

Who are these workshops for?

These free workshops are for parents of children with special educational needs/disabilities on the LPCF membership. Whether you are newly navigating the system or have years of experience, there is something here for you.

What to expect

- > 9 stand-alone sessions held on a Thursday, monthly via Zoom
- > Each session lasts 90 minutes (11:00am - 12:30pm)
- > Friendly, supportive, and confidential environment
- > Practical strategies you can use straight away
- > There is no pressure to contribute. You're very welcome to simply listen and take away whatever is helpful for you.

Workshop Programme

1. Why Me?
2. Space for Self
- 3 & 4. Effective Communication
5. Understanding Strategies
6. What Makes Us Tick?
7. Resilience
8. Planning for your future
9. Bringing it altogether

Attend a single session or enjoy the full series - the choice is yours.

www.lincspcf.org.uk

Workshops 5-7 11am - 12.30pm

Workshop 5: Understanding Strategies

Thursday 4th February 2027

How come, if you were to pick up your toothbrush with the 'wrong' hand, you'd find it difficult to brush your teeth. Well, every one of us has strategies for everything we do, and when that strategy is interrupted, it's really tricky for it to continue. Some of our strategies are positive and help us move forward. Others are destructive and hold us back. As a carer of someone with additional needs, you may experience a range of behaviours and strategies that are inadvertently unhelpful to your child's progress or flexibility in an ever-changing world. This workshop is designed to enable you to:

- > Feel more confident when supporting your loved one
- > Explore the power of strategies over our behaviours
- > Reflect on your strategies and those of your loved one
- > Generate an 'action plan' for more positive outcomes
- > Reduce stress and drains on time and energy



Workshop 6: What Makes Us Tick?

Thursday 4th March 2027

Have you ever wondered what your beliefs and values are and how they support you and your family? This What Makes Us Tick workshop will enable us to:

- > Look more closely at how our beliefs affect the decisions we make
- > Explore where our boundaries lie
- > Give us tips and strategies to help reinforce them
- > Understand how our values shape our parenting choices



Workshop 7: Resilience

Thursday 15th April 2027

The word 'resilience' has become very widely used over the last few years. And yet, as a parent or carer, you'll have been doing resilience, to varying degrees, over a long period. The thing is, we never really know how resilient we are until we are really tested. This Resilience workshop is designed to enable you to:

- > Explore what is really meant by resilience
- > Increase our self-awareness around how we respond to those unexpected, challenging moments
- > Explore traits and strategies for high resilience
- > Understand how a permanent state of resilience isn't necessarily good for us
- > Look at the human response to change
- > Consider how we grow resilience in our children



Workshops 1-4 11am - 12.30pm

Workshop 1: Why Me?

Thursday 1st October 2026

Exploring the emotions and reactions that come when you first learn about your child's additional needs. Think back to when you broke 'the news' to family, friends and colleagues. How did that feel? Are some of those feelings still with you?

This workshop is designed to enable you to...

- > Explore the mix of emotions experienced by you as a parent
- > Remove the pain and power of those who can whip up that mix of emotion
- > Learn how the "power of now" can support you
- > Know your triggers and reduce (or even remove them)
- > Share experiences in a safe space
- > Develop coping strategies
- > Build self-awareness
- > Take the first step forward.



Workshop 2: Space for Self

Thursday 5th November 2026

As a parent of a child with additional needs, there may be many aspects and demands in your life that are often in conflict with each other, for example when you feel like you are juggling too many balls in the air at once?

This conflict can be damaging in terms of: feeling guilty, divided loyalties and self-neglect, available time, energy, focus and concentration, reduced levels of health, wellbeing and laughter. This workshop is designed to enable you to...

- > Identify your different roles
- > Understand the value of the most important person
- > Learn the value of being fully present
- > Create space for yourself
- > Recognise signs of burnout
- > Remove the pain from those who create stress without even being in the room!

Workshops 3 & 4: Effective Communication

Session 1: Thursday 3rd December 2026 | Session 2: Thursday 7th January 2027

As a parent of a child with additional needs, you may attend many meetings with various service providers and agencies. Whether these events run well, or otherwise, the experience and outcomes of any meeting can be greatly improved through effective communication. Whether it's preparing for meetings, giving feedback, or handling difficult conversations, you'll develop confidence and practical skills. These two sessions are designed to:-

- > Feel more confident in a range of situations
- > Get your thoughts and feelings across effectively and more easily
- > Handle potentially 'sticky' conversations well
- > Understand human behaviour and apply this understanding practically
- > Reduce stress and drains on time and energy



Session 2 builds on Session 1 with different content but the same empowering objectives.

Workshops 8 & 9 11am - 12.30pm

Workshop 8: Planning for Your Future

Thursday 6th May 2027

Over the last few months you will have learnt strategies, techniques and tips to help you in your daily lives. This workshop puts everything you have learnt together and helps you to form an action plan. This planning for your future workshop is designed to enable you to:

- > Think about what you have learnt
- > Feedback what you found helpful
- > Develop an action plan with goals for the future.



Workshop 9: Bringing It All Together

Thursday 10th June 2027

Parenting is a journey filled with highs, lows, and constant learning. In this final module, we take a step back to reflect on everything you've explored - from understanding your "why" to building resilience, improving communication, and creating space for yourself. This session weaves together the key insights and strategies you've gained, helping you form a clear, personalised action plan for moving forward with intention, confidence, and connection. It's time to integrate, apply, and thrive - both as a parent and as you.

How to Book

Join Hil and LPCF - What have you got to lose?

All workshops are completely FREE for parent carers on the LPCF membership. Sessions are stand-alone so you can join any that suit you.

Sign up to LPCF & book your place on our website:

www.lincspcf.org.uk

Practical Information

- > All sessions are delivered via Zoom
- > Thursdays, 11:00am - 12:30pm
- > One session per month from October 2026 to June 2027
- > No need to attend all sessions - book into any that interest you
- > Certificates of attendance available on request after completing an evaluation
- > A supportive, confidential space - no pressure to share.

Get In Touch

Lincolnshire Parent Carer Forum

Website: www.lincspcf.org.uk

Email: admin@lincspcf.org.uk

"These workshops gave me the tools and confidence to think about challenges as a way to grow positively. Nice to know I am not alone".

Parent from previous series

Lincolnshire Parent Carer Forum | Registered Charity

VILLAGE EVENTS

400 YEARS OF BELL RINGING IN RYHALL!

St. John's oldest bell has its 400th birthday this year and we're celebrating!

Saturday 3rd October 2026 • 12-4pm • All welcome • Free entry





RING THE BELLS



UP THE BELL TOWER



BELLS & VILLAGE LIFE EXHIBITION



FROM KING CHARLES I
TO KING CHARLES III





BELL THEMED GAMES



REFRESHMENTS &
FRIENDLY COMPANY

St John's Church, Church Street , PE9 4HR • Come and discover 400 years of Ryhall's bell-ringing heritage

VILLAGE EVENTS

A colorful illustration for a 'Fairy Gathering' event. It features a rainbow in the top left, a sun in the top right, and several fairies with large, translucent wings. One fairy is flying in the sky, while others are on the ground. In the background, there are large, stylized trees that look like giant flower pots. The text is arranged in a friendly, whimsical layout with stars and decorative elements.

Fairy Gathering

**SATURDAY
26th Sept
9.45 - 4pm**

**AT CLIPSHAM
YEW TREE AVENUE
LE15 7SH**

Join the fairies in the magical Yew Trees for:

- ★ STORY TELLING ★
- ★ TRAIL DOWN THE AVENUE ★
- ★ PIP/ PIPPA THE LITTER & RECYCLING FAIRY ★
- ★ WAND OR FAIRY DOOR ACTIVITIES ★
- ★ FACE PAINTING BY JODI ★
- ★ FAIRY DELL (VILLAGE) ★

SCAN THE QR CODE TO BOOK YOUR SLOT

Slots are for 15hr. 10 parking spaces available for each time slot. So is essential to book ahead.

All proceeds go to the

Clipsham Yew Tree Avenue Trust

THANKS TO NATIONAL LOTTERY PLAYERS

Heritage Fund

WRAP AROUND CARE



RYHALL ACADEMY Wrap Around Care

Breakfast Club:



7:30am – 8:50am: £5.85 per child

Afterschool Club:



3:30pm – 5:00pm:
£6.60 per child



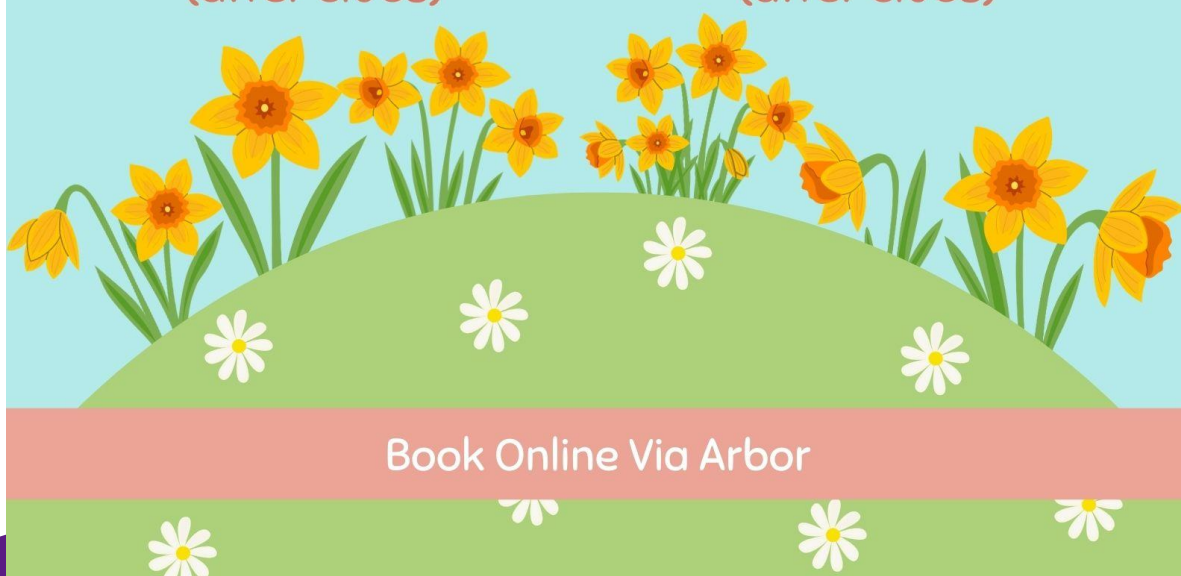
3:30pm – 6:00pm:
£11 per child



4.30pm – 5pm:
£2.20 per child
(after clubs)



4.30pm – 6pm:
£6.60 per child
(after clubs)



Book Online Via Arbor



Ryhall CE Academy

'Living life in all its fullness, making memories and building futures.'

**LEARNING AND
FLOURISHING
TOGETHER**

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IMPORTANT INFORMATION & REMINDERS

We are a nut free school as we have children who are allergic to nuts. Please remember this when preparing packed lunches or snacks and avoid food containing nuts such as chocolate spread and pesto.

If you need to drive to drop off or collect your child, please park with consideration of resident's drives, garages or access to roads. Please remember that parking on zig-zag lines at any time of the day is prohibited to ensure the safety of the children during the busier periods of the day.

A reminder to families to not use the staff car park when either dropping children to school or collecting them – this is purely for the safety of the children and staff. This does apply to drop off and pick up from Wrap Around Care and clubs.

Holiday Clubs and Local Events – We have created a separate online newsletter which will have information on any holiday clubs and events. Please click [here](#) to view. We will advertise any village based events in the main newsletter.

Arbor Information – please can we ask all parents to take a moment to check that contact information is up to date on Arbor. Please also check medical information is correct and update where appropriate.

Contact details for music teachers

Piano – Julia Lamb - jklamb@hotmail.co.uk

Flute – Julie Dearden - jules.swallowhill@gmail.com

Guitar – Jack Parkinson - jackparkinsonmusic@gmail.com

Drums – Rory Hill - rory@noisetuition.com



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Worried About A Child?

Should you have any concerns about a child, please speak to any member of school staff who can, where required, direct you to the relevant people.

Our staff trained to deal with potential safeguarding concerns and worries are:

- Mr A Reed (Designated Safeguarding Lead)
- Mrs D Jesson (Deputy Designated Safeguarding Lead)
- Mrs C Hicks (Deputy Designated Safeguarding Lead)
- Mrs E Jagger (Deputy Designated Safeguarding Lead)
- Mrs L Garwood (Deputy Designated Safeguarding Lead)



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