



NEWSLETTER

FRIDAY 6TH FEBRUARY 2026

Living life in all its fullness,
making memories and
building futures
(John 10:10)*

Dear Families,

We hope this newsletter finds you well. This final stretch before the break is packed with exciting experiences, celebrations, and opportunities to make memories together, along with the day-to-day exciting learning.

Whole School Drumming Workshop: We were delighted to welcome **NMPAT** into school for our annual whole-school drumming workshop. All children took part in an energetic and engaging session, developing their sense of rhythm, listening skills, teamwork, and confidence. Music plays an important role in supporting wellbeing and creativity, and it was wonderful to see the children so focused and enthusiastic throughout. In light of the drumming workshop, celebration assembly will take place next week where we will celebrate two weeks of birthdays too!

Roots to Food – Cooking next week: Next week, we are excited to welcome Roots to Food back into school. They will be working with all of our children over **Thursday and Friday**, guiding them through the preparation of a delicious curry across two days. This hands-on experience supports important life skills such as teamwork, following instructions, and healthy eating. Once the children have completed the sessions, we will send the recipe home so you can try making it together at home too!

Young Voices, Years 5 and 6: Our **Year 5 and 6** children will be attending **Young Voices** next week! It's an incredible opportunity to take part in one of the largest children's choir events in the country. This experience builds confidence, teamwork, and a real sense of pride as pupils perform alongside thousands of others. We know it will be a memorable (and late one!) for everyone involved. Thank you to the staff who have been practising with the children and organising this event.

Online Safety Newsletter: Attached to this newsletter is our **Online Safety Newsletter**. Please take a few moments to read through it, as it includes helpful tips and guidance to support children in staying safe online at home.

Parent consultations: If you haven't done so already, please remember to organise a meeting with your child's class teacher for meetings after we return from the half term break.

Thank you, as always, for your continued support. With half term just around the corner, we're looking forward to a positive and purposeful final week.

Mr Reed ☺

Dates for your diary

- 10th February – Young Voices
- 13th February – End of Spring Term 1
- 23rd February – Start of Spring Term 2
- 24th February – Parent Consultations
- 26th February – Parent Consultations
- 5th March – World Book Day – information to follow
- 11th March – Y3 Trip to Pizza Express
- 19th March – Y5 Theatre Trip



@ryhallacademy



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CE Academy

Online Safety Newsletter

February 2026

CBeebies Parenting and Apps

CBeebies Parenting is full of useful information from creative activities, recipes and information about the CBeebies apps.

CBeebies apps are free to download with no in-app purchases. Their apps include:

- Playtime Island - Fun Games for Kids App. This app includes 40 free games.
- CBeebies Learn - Early Years Learning App. This app includes games and videos and is based on the Early Years Foundation Stage curriculum.
- Get Creative - Open-ended Creative Activities App. This app is free and includes lots of drawing and painting activities.
- Storytime - Reading Stories App. This app includes interactive story books.

You can find out more here:

<https://www.bbc.co.uk/cbeebies/parenting>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleycitylearningcentres.org.uk/february-2026-primary/>

Using AI to alter images

AI image generator and moderator tools are widely available and often used by children. Whilst these tools can be used for creative purposes, we need to ensure our children are aware of the appropriate way in which to use them and the circumstances when they should not be used, even if harm is not intended.

What are AI image generator and moderator tools?

It is when Artificial Intelligence is used to create or modify images, for example it could be used to swap faces, change expressions or for more sinister reasons, such as to remove clothes. These images are often very realistic and therefore difficult to see that they are fake.

Privacy concerns and consent

If your child is using these tools, they need to be aware of potential loss of privacy and the importance of consent. They should know that they should only use images of other people with consent.

What does my child need to know about using these tools?

- Children shouldn't use AI tools to manipulate images of school staff. Even if the child's intention is not malicious, children should not use AI tools to create or edit photos of teachers under any circumstances.
- Manipulation of images of friends or other children – if you are using images of other people, then consent **must** always be sought.
- The tools should not be used to create images that can embarrass or hurt others - this is a form of online bullying.
- Copyright issues – who owns the copyright? These images could be reused by others, which can affect their own digital footprint.

What should I do?

- Chat to your child if they are using these tools and ascertain the reason why. Ask them to show you the images that they have created.
- Check the age ratings of any apps/websites that your child is using and set up appropriate parental controls.
- Develop your child's digital literacy by teaching them to recognise online risks and to behave responsibly online

Further information

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-to-children-about-ai>
- <https://oursaferschools.co.uk/2025/02/18/understanding-image-consent-at-schools/>

TikTok

You must be over 13 years of age to use TikTok. TikTok is a social media platform for sharing and watching short video clips. If your child is using TikTok then make sure appropriate security / privacy settings are applied.

Account set up

It is important that your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private. You can read more about the other settings available, such as switching off comments and restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-18>

Family Pairing

Family Pairing allows you to link your own account to your child's account. You can then set controls such as restricted mode or tailor your child's 'For You' feed by selecting keywords that TikTok will use to filter out posts. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

What do I need to be aware of?

- **Inappropriate content and themes:** whilst against guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics/themes.
- **Challenges:** We often see viral challenges on social media, some of which can be **risky/dangerous**. Sadly, there are reports that children have died whilst attempting online challenges. Children may not yet have developed the skills and ability to critically analyse that what they see online is not always safe for them to replicate.
- **Stranger contact:** chat to your child about how people may not be who they say they are when online.

Refresh your feed

You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

Blocking and Reporting

Show your child how to use the safety features available.

Further information

- <https://parentzone.org.uk/article/tiktok>
- <https://www.tiktok.com/safety/en/guardians-guide>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.02.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership



Balance screen time tips

Internet Matters have created simple tips to help you develop healthy online habits for your child. They also answer key questions such as "how much screentime is too much" and "is gaming bad for children." Access this information here:

<https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips>

7 Steps to Good Digital Parenting

The Family Online Safety Institute have created seven steps to assist you as a digital parent. Find out more here:

<https://fosi.org/program/7-steps-to-good-digital-parenting/>

Children's Commissioner launches new guide for parents and carers

The Children's Commissioner has released a new guide to help you in managing your child's digital life. The guide was written with direct involvement from children.

It includes advice on setting boundaries such as no devices in the bedroom and how to chat to your child. You can find the guide here:

<https://www.childrenscommissioner.gov.uk/blog/what-i-wish-my-parents-or-carers-knew-childrens-commissioner-launches-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

HEALTHY HEARTS VALENTINES DAY

Competition

Calling all young chefs! This Valentines Day, help us celebrate by creating a delicious dish that's good for your heart.

How to Enter

- ♥ Invent your own healthy heart recipe.
- ♥ Give it a fun Valentines's name!
- ♥ Draw what it will look like.
- ♥ Tell us which ingredients help keep hearts strong.

Your Recipe Must Include:

- ♥ At least 1 fruit or vegetable
- ♥ A whole grain or lean protein
- ♥ A Valentine theme (heart shapes, red/pink colours or love - inspired name).

Prizes!

- ♥ Winning Dish will feature on a future school menu!
- ♥ Receive a Heart-Healthy Chef Certificate & Apron

Judging Criteria:

- ♥ Creativity
- ♥ Heart-healthiness
- ♥ Colour & Presentation
- ♥ Practicality

Deadline:

- ♥ All entries must be sent to Kelly@kingswoodcatering.co.uk by February 14th 2026

www.kingswoodcatering.co.uk
Premier House, 2 The Grove, Corby,
NN18 8EW
01536 201203



@KingswoodKitchen
@KingswoodEducationCateringLtd



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AFTER SCHOOL CLUBS



AFTER SCHOOL FOOTBALL

IS BACK

BOOK NOW

ONE TOUCH FOOTBALL SOCCER SCHOOL

EVERYONE WELCOME
FUN - INCLUSIVE - LEARN - PLAY

www.onetouchfootball.co.uk



RUTLAND DODGEBALL

AFTERSCHOOL DODGEBALL

3:30-4:30 TUESDAYS
YEAR 3-6
6TH JAN- 10TH FEB

IF YOUR CHILD WOULD LIKE TO ATTEND
PLEASE CONTACT
RUTLANDDODGEBALL@GMAIL.COM
WITH THE SUBJECT 'RYHALL DODGEBALL'

TAE KWON DO

Self-Defence - Discipline - Fitness - Life-Skills
World Master & Multi World Champion Instructor




ANNABEL MURCOTT
WORLD MASTER & MULTI WORLD CHAMPION INSTRUCTOR

Taekwondo Tigers for Primary School age
First Months free to all of our classes.
Please ring/text 07714323995 to book a space
Every Wednesday 3.30-4.30pm
Ryhall CE Academy

Fully Insured DBS & First Aid certified Instructors as well as welfare certified officers. Safeguarding is our priority
We are not part of any franchise organisation Our clubs have been established over 30 years

Returning students always welcome, along with those that transfer from other clubs or styles, we try to keep you at the same Belt Level.

Contact Master Annabel Murcott 07714323995



SPOTLIGHT PERFORMANCE

Be part of something special

Create • Learn • Sing • Dance

**WHEN? EVERY TUESDAY
TIME - AFTER SCHOOL**

The Annual Spotlight Performance is more than a show — it's a place to grow, inspire, and let your light shine for all to see ✨
This is your moment.
Be bold. Be brave. Be unforgettable.

SIGN UP NOW

ONE TOUCH FOOTBALL SOCCER SCHOOL



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LOCAL CLUBS

FEB HALF TERM  **AGES 4-11**

16TH - 20TH FEBRUARY
09:00 AM - 15:00 PM

BOOK NOW!

WRAP AROUND 8AM-6PM NOW AVAILABLE **LIMITED SPACES AVAILABLE**
WHISSENDINEHOLIDAYCLUB.CO.UK

WHISSENDINE SPORTS CLUB
MELTON ROAD
WHISSENDINE
LE15 7EU

£25 / DAY



Give your child a fun and active introduction to athletics with our

Corby AC Junior Athletics Taster sessions!

Our sessions are open to all Year 3, 4 and 5 pupils and includes running, hurdling, long jump & throwing



Where? Uppingham Community College sports hall
When? 9.30am to 10.30am Saturday 31st Jan and 7th Feb,

Cost: Sessions £3 each or book both together for £5

Led by Corby AC coaches
Further details and to book please scan here



Corby AC Hurdles Taster Sessions

Open to Years 6, 7 and 8

Cost: £3 a session or £5 for both

Where: Uppingham Community College

Dates: Saturday 31st January
Saturday 7th February

Time: 10.30 to 11.30 am

Scan to register and for further details



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LOCAL CLUBS



Casterton Nursery
HOLIDAY CLUB!
16th February to 20th February!
9.00 a.m. – 4.00 p.m.
£35.00 per day

Fun Activities Every Day!

Arts & Crafts Sports & Games Outdoor Adventures

TO BOOK EMAIL:
childcare@castertoncollege.com



FEBRUARY HOLIDAY CLUB
Age 5-12

Rutland Outdoor Education Centre £45 per day

Activities:

- Meet the animals
- Campfire Cooking
- Bushcraft
- Den Building
- Pond Dipping
- Games

Date:
FEBRUARY 16-20
9am - 3.30pm
Early Drop Off + Late Pick Up Available

Ofsted Registered
Childcare Vouchers Accepted

Book now at:
<https://bookwhen.com/roec>
E Mail: office@roec.co.uk

Address:
Wing Hall Farm, Grammas Lane, Wing, Oakham, Rutland, LE15 8RT



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WRAP AROUND CARE

WRAP AROUND CARE AT RYHALL

PROVIDING A VARIETY OF FUN AND
ENTERTAINING ACTIVITIES IN A SAFE AND HAPPY
ENVIRONMENT. BEFORE AND AFTER SCHOOL
WITH BREAKFAST OR A SNACK INCLUDED

BREAKFAST CLUB:

7:30AM – 8:50AM: £5.85 PER CHILD

AFTER SCHOOL CLUB:

OPTION 1: 3:30PM – 5:00PM: £6.60 PER CHILD

OPTION 2: 3:30PM – 6:00PM: £11 PER CHILD

OPTION 3: 4.30PM – 5PM: £2.20 PER CHILD (AFTER CLUBS)

OPTION 4: 4.30PM – 6PM: £6.60 PER CHILD (AFTER CLUBS)

BOOK ONLINE VIA
ARBOR



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IMPORTANT INFORMATION & REMINDERS

We are a nut free school as we have children who are allergic to nuts. Please remember this when preparing packed lunches or snacks and avoid food containing nuts such as chocolate spread and pesto.

If you need to drive to drop off or collect your child, please park with consideration of resident's drives, garages or access to roads. Please remember that parking on zig-zag lines at any time of the day is prohibited to ensure the safety of the children during the busier periods of the day.

A reminder to families to not use the staff car park when either dropping children to school or collecting them – this is purely for the safety of the children and staff. This does apply to drop off and pick up from Wrap Around Care and clubs.

If your child travels home on the bus don't forget to complete the **bus register on Arbor** before 9am on a Monday morning. Booking opens each week on a Friday afternoon.

Contact details for music teachers

Piano – Julia Lamb - jklamb@hotmail.co.uk

Flute – Julie Dearden - jules.swallowhill@gmail.com

Guitar – Jack Parkinson - jackparkinsonmusic@gmail.com

Drums – Rory Hill - rory@noisetuition.com



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Worried About A Child?

Should you have any concerns about a child, please speak to any member of school staff who can, where required, direct you to the relevant people.

Our staff trained to deal with potential safeguarding concerns and worries are:

- Mr A Reed (Designated Safeguarding Lead)
- Mrs D Jesson (Deputy Designated Safeguarding Lead)
- Mrs C Hicks (Deputy Designated Safeguarding Lead)
- Mrs E Jagger (Deputy Designated Safeguarding Lead)
- Mrs L Garwood (Deputy Designated Safeguarding Lead)



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