



NEWSLETTER

FRIDAY 13TH FEBRUARY 2026

Living life in all its fullness,
making memories and
building futures
(John 10:10)*

Dear Families,

Roots to Food – Darren returned to school as part of our Roots to Food programme, where children cooked a fresh chicken curry from scratch. They developed valuable preparation skills and embraced trying new flavours – it was a great success, with many asking for seconds! Thank you, Darren, for another inspiring session. Why not try the recipe at home?

Young Voices – A resounding success, our Young Voices choir had an unforgettable experience – not a dry eye in the house! The children performed with confidence and pride, representing our school beautifully. Thank you to the staff who made the trip possible. We are incredibly proud of everyone involved.

Attendance & Punctuality – Every Minute Matters: Attendance letters outlining your child's current percentage will be sent home today. Consistent attendance supports wellbeing, friendships and strong progress. Punctuality is equally important – even 10 minutes late each day adds up to over 6 days of learning lost across the year. Thank you for ensuring your child is in school, on time, and ready to learn.

Parent Consultations: Consultations will take place on the Tuesday and Thursday after half term. Thank you to those who have already booked. These meetings are an important opportunity to celebrate progress and discuss next steps.

Clubs Update: We have been working hard to enhance our club offer. Details have been sent this week and booking is via Arbor or directly with the club provider.

School Forum: Have you ever thought about being a school governor...but decided it wasn't for you? If so, we would like you to think again! PDET schools are looking at school governance differently. We are lifting the formalities that have been attached to the role, such as budgets, compliance and policies, so that the brilliant volunteers who give their time to their local schools can focus more on the ethos, opportunities and community. We are also reducing meetings, changing the appointment process (so there are no elections), and making it a much more focused on how we continue to put our school at the heart of our community. We need people to be part of this journey – so if you would like a chat about joining our new School Forum then please do come and have a chat with us!

Parking: Please can we remind all parents to park with consideration of resident's drives, garages or access to roads. We have had a number of complaints that cars parked on Church Street opposite the cottages are blocking resident access.

Mr Reed ☺

Dates for your diary

23rd February – Start of Spring Term 2

24th February – Parent Consultations

26th February – Parent Consultations

5th March – World Book Day

11th March – Y3 Trip to Pizza Express

19th March – Y5 Theatre Trip

24th March – Y3/Y4 Mini Musical @ 2.30pm and 6pm – details to follow

27th March – End of Spring Term 2

13th April – Start of Summer Term 1



@ryhallacademy



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CE Academy

ROOTS TO FOOD RECIPE



Tandoori Chicken with a Bombay Saag Aloo

4 x Chicken Breast (large diced 2cm)

1 x 400g Tinned Butter Beans (vegetarian version)

1 Red Pepper thinly sliced and diced

1 Yellow Pepper thinly sliced and diced

1 clove Fresh Garlic crushed and peeled

1 Onion thinly sliced

25g Fresh Ginger grated

4 x Spring Onion thinly sliced

1 ~~tbls~~ x Mild Tandoori Spice Mix

1 ~~tbls~~ Mild Curry Powder

½ tsp Ground Turmeric

1 Small Bag Baby Spinach

500g Bag New Potatoes (cooked and quartered)

4 ~~tbls~~ Natural Yogurt

1 ~~tbls~~ Vegetable Oil

Method

1. In a large bowl mix the chicken with the Tandoori powder, yogurt, ginger and turmeric. This mix is best left to marinade for 1 hour.
2. In a wok heat 2 ~~tblsp~~ water until you see steam, add the garlic. Now place the tandoori chicken mix, peppers and spring onion in the wok and seal by turning the chicken over frequently. Add another 1 tablespoon of water, cover with a lid and steam until cooked, Keep lifting the lid to check the chicken is not drying out. Remove the lid after 2 minutes and reduce the amount of liquid left. Switch off the pan and leave to stand.
3. In a bowl mix the cooked potatoes, mild curry powder, red onions and 1 tablespoon vegetable oil.
4. In another pan place the potato mix and panfry until golden brown, add 2 tablespoons water and add the spinach. Stir the spinach in until wilted. Season if required.
5. Carefully serve the tandoori on to a plate with the Bombay saag aloo.
6. Enjoy



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ATTENDANCE

Class – Top 3	Weekly %
Belvoir	97.8
Tolethorpe	97.3
Woolsthorpe	97.2

Our overall school attendance last week was 94.8% which is slightly below the national average. Please do get in touch if you need any support with attendance.

Well done to Belvoir Class who won the Attendance Trophy with 97.8% attendance for all.

Thank you for the continued communication and co-operation with the different procedures in place.

STAR OF THE WEEK

Congratulations to the children awarded Star of the Week in our Celebration Assembly. For the last two weeks.



Belvoir	Imayah & Elsie
Belton	Freya & Hugo
Rockingham	Stanley & Finley
Burghley	Summer & Elise
Woolsthorpe	Poppy & Isabelle
Tolethorpe	Ernest & Jools
Hambleton	Jackson & Katy



AFTER SCHOOL CLUBS

After School Clubs for Term 4 are listed below.

- Eco, Choir and Art Club are all available to book on Arbor.
- Football and mini movers are all bookable through One Touch Football.
- Dodgeball, Taekwondo and Relax Kids can all be booked directly with the provider.

Please pay careful attention to the dates of each club as every club is different.

Club	Day	Year group available to	Time	Provider	Location	Cost	Min/Max Numbers	How to book
Eco Club	Monday 2/3, 9/3, 16/3, 23/3	Year 3 to Year 6	3:30 – 4:30	Mrs Want	Grounds	£1.00/session (£4.00 for this term)	Max 12	Arbor Parent Portal
Football	Monday 23/2, 2/3, 9/3, 16/3, 23/3.	Year 1 to Year 6	3:30 – 4:30	One Touch Football	Field / MUGA, meet in Y3 classroom	Book direct with One Touch Football www.onetouchfootball.co.uk/after-school-clubs/ Please bring a PE kit for the sessions.		
Choir	Tuesday 3/3, 10/3, 17/3, 24/3, 14/4, 21/4, 28/4, 5/5.	Year 3 to Year 6	1.00 – 1.30	Mrs Chapman	Hall	Free	No Max	Arbor Parent Portal
Please note that the choir will be learning songs to perform at our annual music concert during term 4 and term 5. The music concert will be on Wednesday 6th May at 6pm in the school hall. <u>Please only sign up if you can commit to performing in the concert.</u>								
Dodgeball	Tuesday 3/3, 10/3, 17/3, 24/3.	Year 3 to Year 6	3:30 – 4:30	Rutland Dodgeball	Hall	Book direct with Rutland Dodgeball. Please email: rutlanddodgeball@gmail.com to book a place. Please bring a PE kit for the sessions.		
Art / Drawing Club	Tuesday 3/3, 10/3, 17/3, 24/3.	Year 3 and Year 4	3.30 – 4.30	Mrs Eve	Y2 Classroom	£1.00/session (£4.00 for this term)	Max 15	Arbor Parent Portal



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Club	Day	Year group available to	Time	Provider	Location	Cost	Min/Max Numbers	How to book
Spotlight Dance	Wednesday 11/2, 25/2, 4/3, 11/3, 18/3.	Year 4 to Year 6	1.00 – 1.30	Mrs Vaughan	Hall	Free	Max 30	Arbor Parent Portal
Please note this club will be learning a dance routine to perform at the Stamford Corn Exchange for the Spotlight Dance Shows on the 25th and 26th March 2026.								
Taekwondo	Wednesday 25/2, 4/3, 11/3, 18/3, 25/3	Year 1 to Year 6	3.30 – 4.30	Taekwondo Tigers	Hall	Please contact Master Annabel Murcott, 07714323995 to book a place.		
Mini Movers	Wednesday 25/2, 4/3, 11/3, 18/3, 25/3.	Reception Year 1 and Year 2	3.30 – 4.30	One Touch	Classroom / Playground (weather dependent)	<u>Book direct</u> with One Touch. https://onetouchfootball.co.uk/after-school-clubs/ Please bring a PE kit for the sessions.		
Magical Adventures	Thursday 5/3, 12/3, 19/3, 26/3.	Year 1 to Year 4	3.30-4.30	Relax Kids	Hall	Book direct with Relax Kids. https://www.happity.co.uk/schedules/relax-kids-stamford-ryhall-church-of-england-academy-ryhall-school-relax-kids-after-school-club		



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AFTER SCHOOL CLUBS

**RUTLAND
DODGEBALL**



AFTERSCHOOL DODGEBALL

3:30-4:30 TUESDAYS

YEAR 3-6

3RD MARCH- 24TH MARCH

IF YOUR CHILD WOULD LIKE TO ATTEND
PLEASE CONTACT
RUTLANDDODGEBALL@GMAIL.COM
WITH THE SUBJECT 'RYHALL DODGEBALL'

TAE KWON DO

Self-Defence - Discipline - Fitness - Life-Skills

World Master & Multi World Champion Instructor



Taekwondo Tigers for Primary School age

First Months free to all of our classes.

Please ring/text 07714323995 to book a space

Every Wednesday 3.30-4.30pm

Ryhall CE Academy

Fully Insured DBS & First Aid certified Instructors as well as welfare certified officers. Safeguarding is our priority

We are not part of any franchise organisation Our clubs have been established over 30 years

Returning students always welcome, along with those that transfer from other clubs or styles, we try to keep you at the same Belt Level.

Contact Master Annabel Murcott 07714323995

MOVE PLAY STRETCH FEEL BREATHE BELIEVE RELAX

relax kids



ACTIVITY & RELAXATION CLASSES FOR KIDS

Relax Kids classes improve:

improved sleep
concentration
self-esteem
confidence
focus, creativity
listening skills



1 in 4 children are stressed!
make sure your child is
not one of them

Your child will enjoy:

Games and Songs
Storytelling
Movement
Stretching
Breathing Exercises
Peer/Self Massage
Affirmations
Relaxations



creating calm confident kids

Information on Relax Kids Classes



Children are encouraged to use their body movements and imagination to the full. Their bodies and imaginations are engaged and stimulated.

Relax Kids activity classes are carefully structured using the unique and focussed 7 step system which leads children confidently through natural energy levels, directing high energy to low energy.

Children feel engaged and the sessions are fun and energetic whilst ultimately relaxing and restorative for both body and mind.

Class Structure

- ★ **Movement** - incorporates dance and movement, encouraging development of core physical skills, improves coordination, boosts energy, circulation and a healthier immune system whilst helping release endorphins.
- ★ **Games and Play** - range of energetic and fun games that ultimately relax. The drama-based thought provoking games encourage and promote social skills and awareness. They will help build children's confidence and social, interaction and communication skills. They further develop focus and concentration.
- ★ **Stretching and Balance** - A set of yoga-inspired stretches are carefully demonstrated and used by the children to lengthen and stretch bodies and so improve postural awareness. These exercises help release physical tension, develop motor skills, body awareness, balance and flexibility.
- ★ **Massage** - Children are given the choice of taking part in self and/or peer massage (with parental consent). These calming exercises promote positive touch and encourage respect, communication and empathy amongst peers. Children become aware of their own bodies and learn to respect others. Positive touch boosts the immune system, calms the nervous system, helps the production of Oxytocin and Endorphins and lowers stress levels in children.
- ★ **Breathing** - a range of child friendly exercises encourage deep breathing. These exercises help calm the nervous system and children feel the immediate effects whilst being taught how to use these techniques effectively for themselves. Breathing exercises also improve concentration and focus.
- ★ **Affirmations** - incorporates a range of games and circle time activities that enable children to confidently use positive affirmations and self praise. These enjoyable games and exercises include the use of affirmation cards and help improve children's emotional health and literacy. They also encourage the development of positive neurological pathways and promote and improve self confidence and self esteem. They also encourage the release of endorphins as children think and speak positively.
- ★ **Visualisation** - incorporates deep body relaxations, mindfulness exercises, guided imagery and visualisations. These exercises help release physical and mental tension, lower blood pressure, increase body awareness and give children de-stress and self management tools. Done regularly, these exercises can help relieve fatigue and promote deeper sleep while improving child anxiety.

Improved deep sleep and general relaxation will improve concentration, listening skills, and memory retention whilst expanding the child's imagination and creativity.

Download your free pack
www.relaxkids.com/free

www.relaxkids.com

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LOCAL CLUBS AND EVENTS

FEB HALF TERM

AGES 4-11

16TH - 20TH FEBRUARY

09:00 AM - 15:00 PM

WRAP AROUND 8AM-6PM NOW AVAILABLE

WHISSENDINE SPORTS CLUB

MELTON ROAD

WHISSENDINE

LE15 7EU

WHISSENDINE HOLIDAY CLUB

BOOK NOW!

LIMITED SPACES AVAILABLE

WHISSENDINEHOLIDAYCLUB.CO.UK

£25 / DAY

Oakham SCHOOL

OAKHAM SCHOOL-YOUTH SCHOOLS U11 TENNIS FESTIVAL

Saturday 2nd May 2026

Oakham School Tennis Courts

Kilburn Road, Oakham LE15 6QL

SCAN HERE

For more information and enquiries, please contact:
tmd1@oakham.rutland.sch.uk

ATA YOUTH SCHOOLS

Casterton Nursery HOLIDAY CLUB!

16th February to 20th February!

9.00 a.m. - 4.00 p.m.

£35.00 per day

Fun Activities Every Day!

Arts & Crafts

Sports & Games

Outdoor Adventures

TO BOOK EMAIL:

childcare@castertoncollege.com

FEBRUARY HOLIDAY CLUB

Age 5-12

Rutland Outdoor Education Centre

£45 per day

Activities:

- Meet the animals
- Campfire Cooking
- Bushcraft
- Den Building
- Pond Dipping
- Games

Date:

FEBRUARY 16-20

9am - 3.30pm

Early Drop Off + Late Pick Up Available

Ofsted Registered Childcare Vouchers Accepted

Book now at:

<https://bookwhen.com/roec>

E Mail: office@roec.co.uk

Address:

Wing Hall Farm, Grammas Lane, Wing, Oakham, Rutland, LE15 8RT

HALF TERM ACTIVITIES

Skate SKILLZ



Learn skate skills this half term at a skatepark near you!



Workshops through the day for beginners or regular skaters looking to try something new.

Have a go at street art and decorate your gear with ImageSkool.

FREE



Skate SKILLZ



11AM TO 2PM

Monday 16th February
Deeping Skate Park

Tuesday 17th February
Stamford Skate Park

Wednesday 18th February
Bourne Skate Park

Thursday 19th February
Grantham Skate Park



FREE





Bomber County Pipes & Drums

Open Day

Thursday 17th February

1pm - 4pm

THE CEDAR CENTRE, CASTOR, PE5 7AX

Come along, see what we are about, speak to band members and try out some instruments

For More Information
01780 431262
contact@bcpd.org.uk











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WRAP AROUND CARE

WRAP AROUND CARE AT RYHALL

PROVIDING A VARIETY OF FUN AND
ENTERTAINING ACTIVITIES IN A SAFE AND HAPPY
ENVIRONMENT. BEFORE AND AFTER SCHOOL
WITH BREAKFAST OR A SNACK INCLUDED

BREAKFAST CLUB:

7:30AM – 8:50AM: £5.85 PER CHILD

AFTER SCHOOL CLUB:

OPTION 1: 3:30PM – 5:00PM: £6.60 PER CHILD

OPTION 2: 3:30PM – 6:00PM: £11 PER CHILD

OPTION 3: 4.30PM – 5PM: £2.20 PER CHILD (AFTER CLUBS)

OPTION 4: 4.30PM – 6PM: £6.60 PER CHILD (AFTER CLUBS)

BOOK ONLINE VIA
ARBOR



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IMPORTANT INFORMATION & REMINDERS

We are a nut free school as we have children who are allergic to nuts. Please remember this when preparing packed lunches or snacks and avoid food containing nuts such as chocolate spread and pesto.

If you need to drive to drop off or collect your child, please park with consideration of resident's drives, garages or access to roads. Please remember that parking on zig-zag lines at any time of the day is prohibited to ensure the safety of the children during the busier periods of the day.

A reminder to families to not use the staff car park when either dropping children to school or collecting them – this is purely for the safety of the children and staff. This does apply to drop off and pick up from Wrap Around Care and clubs.

If your child travels home on the bus don't forget to complete the **bus register on Arbor** before 9am on a Monday morning. Booking opens each week on a Friday afternoon.

Contact details for music teachers

Piano – Julia Lamb - jklamb@hotmail.co.uk

Flute – Julie Dearden - jules.swallowhill@gmail.com

Guitar – Jack Parkinson - jackparkinsonmusic@gmail.com

Drums – Rory Hill - rory@noisetuition.com



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Worried About A Child?

Should you have any concerns about a child, please speak to any member of school staff who can, where required, direct you to the relevant people.

Our staff trained to deal with potential safeguarding concerns and worries are:

- Mr A Reed (Designated Safeguarding Lead)
- Mrs D Jesson (Deputy Designated Safeguarding Lead)
- Mrs C Hicks (Deputy Designated Safeguarding Lead)
- Mrs E Jagger (Deputy Designated Safeguarding Lead)
- Mrs L Garwood (Deputy Designated Safeguarding Lead)



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